



fit mango

**Class Timetable
January- April 2012**

Class	Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Ladies who Lunge</i>	Manly Beach, Manly	9:30-10:30 Deb				9:30-10:30 <i>Leticia</i>	
<i>Weekend blast</i>	Manly Beach, Manly						6:30-7:30am Deb
<i>Ladies who Lunge</i>	Sirius Cove, Mosman	9-10am <i>Leticia</i>	9-10am Boxing <i>Jayne</i>	9-10am <i>Sarah-Anne</i>		9-10am <i>Sarah-Anne</i>	
<i>Ladies who Lunge</i>	Balmoral Oval Balmoral				9-10am Jayne	9:30-10:30 Cardio-box Jayne	